

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance &amp; Mobility-Room 3/4 9:30 Stretch and Flex-East/West Room 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room</p> <p style="text-align: right;"><b>1</b></p>	<p>8:00 Preventive Health 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:00 <b>Talk: "Blood Pressure"</b>-Dining Room 11:45 Lunch 12:30 Mexican Train Dominos-Room 10 12:45 Bingo</p> <p style="text-align: right;"><b>2</b></p>	<p>7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance &amp; Mobility -Room 3-4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room A/B 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room</p> <p style="text-align: right;"><b>3</b></p>	<p>8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room <b>9:00 Legal Aid-by appointment</b> <b>9:15 Movie: "The Unsinkable Molly Brown"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 <b>11:30 Podiatrist-by appointment</b> 11:30 Lunch</p> <p style="text-align: right;"><b>4</b></p> <p style="text-align: center; border: 1px solid black; padding: 5px;"><b>Open 8:00 AM-1:00 PM</b></p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Adult Fitness-Room A/B 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing #3-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room</p> <p style="text-align: right;"><b>7</b></p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance &amp; Mobility-Room 3/4 9:30 Stretch and Flex-East/West Room 9:30 Vision Classes-Room 10 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room</p> <p style="text-align: right;"><b>8</b></p>	<p><b>8:00 Commodities-Room 5</b> 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:45 Lunch 12:30 Bunco-Room 10-11 12:45 Bingo</p> <p style="text-align: right;"><b>9</b></p>	<p>7:30 Chess-Room 5 <b>8:30 Safety Driving-Room 3-4</b> 8:30 ESL-Room B 8:45 Balance &amp; Mobility -Room 3-4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room A/B 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room</p> <p style="text-align: right;"><b>10</b></p>	<p>8:30 Tai Chi-E/W Room <b>8:30 Safety Driving-Room 3-4</b> 9:00 Yarn Spinners-Room 1 <b>9:15 Movie: "Valentine's Day"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch</p> <p style="text-align: right;"><b>11</b></p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 <b>10:00 Hi-Cap-by appointment</b> <b>10:00 Commission on Aging</b> 10:00 Adult Fitness-Room A/B 10:00 Mah Jongg-Room 10 11:45 Valenties Day Lunch-East/West room 12:15 Bridge-Room 10 12:30 Life Story Writing #4-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room</p> <p style="text-align: right;"><b>14</b></p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance &amp; Mobility-Room 3/4 9:30 Stretch and Flex-East Room <b>10:00 Attorney-by appointment</b> 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room</p> <p style="text-align: right;"><b>15</b></p>	<p>8:00 Preventive Health 8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-East/West Room 11:45 Lunch <b>12:30 Diabetes Support Group-Room 3-4</b> 12:30 Mexican Train Dominos-Room 10 12:45 Bingo</p> <p style="text-align: right;"><b>16</b></p>	<p>7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance &amp; Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East /West Room</p> <p style="text-align: right;"><b>17</b></p>	<p>8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 <b>9:15 Movie: "Like Dandelion Dust"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:30 Lunch</p> <p style="text-align: right;"><b>18</b></p> <p style="text-align: center; border: 1px solid black; padding: 5px;"><b>Open 8:00 AM-1:00 PM</b></p>
<p style="text-align: center; background-color: red; color: white; padding: 10px; border-radius: 15px;"><b>CLOSED</b></p> <p style="text-align: center; font-size: 24px; font-weight: bold; margin-top: 20px;"><b>PRESIDENT'S DAY</b></p> <p style="text-align: right;"><b>21</b></p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room B 8:45 Balance &amp; Mobility-Room 3/4 9:30 Stretch and Flex-East Room 10:00 Adult Fitness-Room 3/4 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room</p> <p style="text-align: right;"><b>22</b></p>	<p>8:30-11:30 Tax Preparation-Room 10-11 9:00 Yarn Spinners-Room 1 11:45 Lunch 12:30 Bunco-Room 10-11 12:45 Bingo</p> <p style="text-align: right;"><b>23</b></p>	<p>7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance &amp; Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Birthday Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East /West Room</p> <p style="text-align: right;"><b>24</b></p>	<p>8:30 Tai Chi-E/W Room 9:00 Yarn Spinners-Room 1 <b>9:15 Movie: "Invictus"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch</p> <p style="text-align: right;"><b>25</b></p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Healthy Living Support Group-Room 10 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing #5-Room 1 12:45 Bingo 1:00 Intro to Dance Aerobics-East/West Room</p> <p style="text-align: right;"><b>28</b></p>	 <div style="background-color: blue; color: white; padding: 20px; border-radius: 30px; font-size: 48px; font-weight: bold; display: inline-block;">FEBRUARY 2011</div> 			